



Children's Golf Camp at Nexus Golf Resort Karambunai

## **Golf Is A Sport Game Suitable For Men, Women, Old And Young**

Golf originated in early Scotland, and according to historical records, it was inspired by a shepherd who used a shepherd's stick to drive a circular stone into a rabbit hole during the process of herding, which eventually evolved into golf.

The teaching content of Children's Golf Camp is different from that of adult golf courses. Children's Golf Camp focus on cultivating their interests and hobbies, allowing them to learn golf skills in a relaxed and enjoyable atmosphere. The coach will design suitable course content and difficulty levels for children based on their age and physical fitness. For example, for beginners, the coach will first teach basic grip, standing posture, and swing movements, and then gradually guide them to practice putting, swing, and other techniques.

Children's Golf Camp will introduce concepts such as integrity and independence in their children. This sport largely relies on an integrity system, as no one but oneself will constantly supervise you. And when encountering problems while playing, one can only rely on oneself to solve them, which cultivates the ability to independently solve problems.





Learning golf is a tempering process, from how to choose the right club to being able to hit the ball, to playing every stroke well. Practitioners need to learn to overcome external factors and require strong concentration. Teenagers who practice golf from a young age will learn how to avoid interference and focus on the things in front of them, which will play a crucial role in their children's growth.

Secondly, golf is also a highly technical sport, with ups and downs in performance being a common occurrence. These experiences can provide teenagers with better experience, teach them to take every swing seriously, manage their emotions, maintain a positive attitude, and focus on their own hitting. And these skills will subtly affect their daily lives and accompany them to grow better.

If children are interested in golf, it's best to invite them to participate in some children's golf courses, so that they can learn and grow together with their peers in happiness and health.

